

LACA GRAB 'N' GO CHALLENGE

SPONSORED BY SCHOOLGRID

COOK-OFF CONTESTANTS AND DISHES



Name of Organisation	Contestant Name	Contestant School	Name of dish and description
Caterlink	Adam Hatton	Tudor Grange School	<p>Sweet potato, spinach and chickpea kathi roll Delicious spiced omelette wrap containing a filling of roasted sweet potato, spinach and crispy chickpeas</p>
Impact Food Group	Andrew Lidster	John Wallis Academy	<p>Chicken tikka burrito Marinated chicken, homemade chapati with a mango chutney and yoghurt dressing.</p>
Impact Food Group	Mark Kent	Norton Knatchbull	<p>Spiced yoghurt chicken, fried rice and healthy slaw salad Marinated chicken coated in spices, baked, Korean style sauce, fried rice, healthy cabbage salad</p>
Nourish Catering	Angela McCurry	Pride Academy	<p>Veggie Caribbean Pasty</p>
OCS	Andre Alto	Kings Norton Girls School	<p>Lumpiang Sariwa (Fresh Spring Roll) Sauteed vegetables wrapped in a lettuce leaf served with garlic soy sauce</p>

LACA GRAB 'N' GO CHALLENGE

SPONSORED BY SCHOOLGRID

COOK-OFF CONTESTANTS AND DISHES



Name of Organisation	Contestant Name	Contestant School	Name of dish and description
OCS	Jennifer Brown	Sarum Academy	<p>Baked mac and cheese Macaroni cheese balls with the kick of chilli, tomato salsa and drizzle of cheese sauce</p>
Queen Ethelburga's College	Alex Gafton		<p>Columbian Arepas Arepas filled with pork mince, Columbian slaw and a spicy mayo</p>
Radish All Good	Terry Howard	Monega Primary School	<p>South American Arepa A South American staple filled with summer flavours from the Caribbean</p>
Stir Food	Ulisse Di Benedetto	Cobham Free School	<p>Warm BBQ beanie Quorn pitta with pomegranate Asian slaw Warm pitta filled with mouthwatering fusion flavourings</p>
Wales High School	Sarah Williams		<p>Coconut Rice N Beans with Kachumbari (Tanzanian Spicy Slaw) Coconut milk, beans, rice and spice, with Kachumbari, a Tanzanian berber-spiced lime slaw</p>